

Caspar Community News

March 2016

UPCOMING EVENTS

Friday, March 11, 6:30 - 9 pm

Caspar Pub Night

Family Friendly - Teens Welcome

Come to the Community Meeting!

Caspar Winter Market
Mondays 4-6pm

Wednesdays 12:15-12:45

BOOKMOBILE

March 16 & 30, April 13 & 27

Fridays, 9:30am

March 18, April 1 & 15

Caspar Community Board
All Welcome

Square Dance Shindig for Bernie Sanders
Saturday, March 19, 8 - 10:30pm

Tuesday - Thursday, March 22 -24

Sacred Arts of Tibet Mandala

[click for more info](#)

Saturday, March 26 10am-1pm

HEADLANDS WORK DAY

Sunday, March 27, 9 - 11 am

Caspar 4th Sunday Breakfast

Friday, April 8, 6:30 - 9 pm

Caspar Pub Night

Family Friendly - Teens Welcome

Sunday, April 24, 9 - 11 am

Caspar 4th Sunday Breakfast

UkeFest

April
29 & 30
[click for more](#)

Sunday, March 13th 4PM

COMMUNITY MEETING!

Potluck Dinner Afterwards

Topics to include:

Events Coordinator

Caspar Community Land Trust

Emergency Barrel raffle

Mendocino Quartet



Gwyneth Moreland

Gene Parsons

Steven Bates

David Hayes

Caspar Community Center

Saturday APRIL 23rd 7:30pm

[click here to get your](#)
\$20 tickets online
\$25 at the door

Marty's Canning Classes Start Again

A complete schedule can be found at our website.

Headlands Gorse Patrol



Gorse Warriors Dan Gjerde, Skye Nickell, Sienna Potts, and Will Richnow at the end of a rainy, muddy Caspar Headlands Workday. Remember, you, too, can join in the fun!

The next scheduled Headlands Work Day is March 26th, starting at 10am beside the old Company Store at the end of Caspar Road. **Please join us.**



Marty's Canning Classes Start Again

Canning Workshops with Marty Johnson

Sundays: May 15th, June 5th, July 3rd, August 14th, September 11th, and October 2nd Each workshop is scheduled to start at 10 and go until 2 altho the starting time may change to 10:30 because I will be milking six goats this year and I don't know how long that will take.

Speaking of birthing goats. it seems because all the goats got bred within the same time frame, that they may all be birthing the same two or three days (April 8, 9, and 10). If any of you would like to help, I would love the support. It can be two hours. Tasks usually involve: if there are three babies helping wipe off one baby as mother licks off the other two, holding newborns, helping me as I teach them to nurse, weighing new babies, and cleaning and putting in new straw. It would be nice to have two or three other adults off and on during the three days to help. If you are interested let me know and I will contact you as we get closer to the birthing time. I have never had help before but this is a lot of births close together.



Two new books that I have been reading in anticipation of this year's workshops are Nancy Singleton-Hachisu's *Preserving the Japanese Way* and Eugenia Bone's *The Kitchen Ecosystem*. Nancy's book is a wonderful read about the traditions of preserving food in Japan and hopefully I will try to make miso. We have done recipes from Eugenia's first preserving book *Well Preserved* but this second book is a wonderful expansion of her notion of preserving and using ingredients. She organizes the book around individual vegetable, fruits, and meats with recipes for the fresh produce, preserving suggestion for produce and then recipes for how to use what you have preserved. It extends the idea of preserving small batches while you are using the ingredient in a recipes. Wonderful ideas for this coming year.

Hope you are all enjoying the rain and look forward to gathering again in May.

- Marty Johnson



GADEN SHARTSE Tibetan Monks to Visit Caspar

Sand Mandala March 22nd – March 24th at Caspar Community Center

The Sacred Arts of Tibet World Tour will be visiting Caspar and constructing a sand mandala at the Caspar Community Center. Everyone is invited to come and support the monks and the people of Tibet. The mandala will begin around 9 AM on Tuesday the 22nd and end in a ritual dissolution of the mandala on Thursday the 24th beginning at noon.

Purpose of the Tour

The purpose of the Sacred Arts of Tibet tour is to share with all people the monks' Tibetan culture, as well as practices and paths to inner peace and compassion. Accomplishments of previous tours have provided funds for construction of new buildings at Gaden Shartse including the new debate hall. Additional funds raised by past tours have supported medical needs, teachers'

salaries and the day to day expenses of the monastery. This success is due to the help and generosity of those who support the tours. The monks of Gaden Shartse feel deeply indebted to their friends in the West who have given their time, effort, and homes to make the tours possible. It is hoped that the upcoming tour will be a success.

Community Support

The monks will be staying at Jughandle Farm in Caspar and be involved in other local projects while they are visiting. They will visit Mendocino High School, Gualala Arts Center Thursday evening from 7 PM to 9 PM for a healing ceremony, Buddhist meditation groups and will also be conducting healings and blessings in the surrounding area. For more information about the tour folks are urged to visit sacredartsoftibettour.org or call Fortunate Farm at 962-4149 to set up time with the monks.

continues 



[Click to watch video of the Dissolution Ceremony](#)

Help Bring the Mandala!

The mandala tradition in Tibetan Buddhism is a powerful and moving event to witness. The monks painstakingly create an exquisite inner world by carefully placing colored sand into a meditative landscape. Supporting a mandala is said to bring "rich virtue" to the sponsors, and we need many sponsors to make this mandala a success. No amount is too small, so please give. Call Jef at 321-4958 for more information on sponsorship or look for the page on GoFundMe.com titled "Bring the Mandala to Caspar CA." Thank you!

- **Jef Schultz**

Your Contribution belongs here

Casparados, you aren't usually so retiring. We, the editors, BEG you to come up with some Caspar-centric content. Isn't there anything around you that you want to write about?

Even if you don't write, are you reading this? Let us know.

And to those of you (both of you) that seldom fail to acknowledge the Caspar News, THANK YOU!



2014 performers Hui Arago and O Lei Palaoa

Ukelele Variety Show & Jam
Friday, April 29 7:30pm

Workshops All Day
Saturday, April 30 10am-5:15pm

Virtuosi Evening Concert
Saturday, April 30 7pm

UkeFest Tickets

Ticket price for all-day is \$45 and includes three workshops and evening performances; \$25 half-day; one workshop only \$15; \$15 for evening performances only. Tickets will be available by email pattied@mcn.org or phone at 707 937-1732.

[Click here for more info](#)

This edition of
Caspar Community News
was laid out by Sienna & Michael Potts

The next edition will appear in late April. Submissions of activities, events, or information of interest to Casparados is invited. Send them to lists@casparcommons.org

We  **Caspar**